

Free and anonymous counseling

Camino Real Community Services is now offering a new Crisis Counseling Program to help you and your loved ones deal with feelings of anxiety, grief, isolation and loss associated with the COVID pandemic. We're here for you if you need help.

Our compassionate counselors will:

- · Provide emotional support
- Help you develop coping strategies
- · Link you to other community resources

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RECOVERING TOGETHER

Camino Real Community Services

If you need help, we're here.

Call us at (210) 540-7401

to speak with a counselor, Monday through Friday from 8:30 am to 5:30 pm.

If you or your loved one is in a crisis, call our Crisis Hotline at (800) 543-5750 or call the State of Texas hotline at (833) 986-1919